



Saturday, July 6th

Medicinal and Edible Plants Hike:

9:00am at Pineywoods Boardwalk Trailhead

Join Rangers for a guided hike featuring edible and medicinal plants on the Pineywoods Nature Trail Boardwalk. The hike will take about one and a half hours, is low intensity, and is 1 mile long. Stroller and wheelchair accessible. Bring a water bottle and bug spray. Designed for ages 12+.

Critters of E. Texas:

2:00 – 3:00pm in the Park Store Nature Center

Learn about the different mammals and reptiles that call the Pineywoods of E. Texas home in this program which will be held in our air-conditioned nature center and park store, Sunset Marina.

Saturday, July 13th

Mindfulness Hike:

9:00am at Pineywoods Boardwalk Trailhead

Join Rangers for a guided mindfulness and meditation on the Pineywoods Nature Trail Boardwalk. The experience will last about 30 minutes and we will only walk about 1/3 of a mile. This hike will focus on meditation and experiencing the moment and is designed for adults.

MD Anderson Blood Drive:

10:00am – 2:00pm at Middle Boat Ramp

We have partnered with MD Anderson for a blood drive here in the park. See the flyer next to this one, or our website or Facebook page for full details. (Links at the bottom of this flyer).

Saturday, July 20th

Water Safety Challenge:

9:00am at the Activity Center

Become a water safety expert in this hour long program. Learn how to properly fit a PFD, or life jacket, and how to rescue someone in the water in this hands on lesson. We will also teach basic CPR. Wear clothing you can swim in and bring a towel, sunscreen, etc. Kids welcome!

Stand up Paddle boarding 101

10:30am - 12:00pm at the Rental Launch

Learn all about paddle boarding through an informative class and hands-on experience on the lake in this interactive program. The paddle board requires a one hour rental from the Park Store, for \$10. *requires a free reservation, see bottom of flyer for details

Saturday, July 27th

Pioneer and Settler Day: Programs featuring pioneer and settler skills

Fire is Living History:

9:00am at the park Archery Range

Learn about primitive fire starting methods such as the bow-drill and flint and steel. Rangers will cover fire safety, fire as a survival tool, and demonstrate various primitive methods.

Products of the Pine Tree:

1:30pm at the park Archery Range

Watch as Rangers make and discuss the products produced from the pine tree such as pitch, tar, turpentine, and rosin using mostly historical methods in this educational program.

Campfire Cooking:

3:00pm at the park Archery Range

Watch as Rangers use a Dutch oven to make some of our favorite historical meals from Texas History. These meals are the same settlers and civil war soldiers ate during the 18th/19th century. We will demonstrate how to cook them and share samples. Bring a chair, utensils, and plate.

*reservation and rental of SUP required for the Stand-up-Paddleboard class. To make your reservation please contact Ranger Joel at 936.365.2201 x230. No reservations required for other activities. For details or changes visit our official event calendar at: www.tpwd.texas.gov/state-parks/lake-livingston or www.facebook.com/LakeLivingstonSP. Regular park admission fees of \$5 per adult (ages 13 and up) apply; no additional charge for most activities.